

CANCER RESOURCES*

Educational

African American Breast Cancer Alliance	aabcainc.org	educating, helping, and supporting Black women, men, families, and communities in the struggle and survivorship of breast cancer
American Cancer Society	cancer.org	information, transportation assistance, housing/lodging assistance, survivors network, programs
CancerCare	cancercare.org	free support services and information to help in the management of emotional, practical, and financial challenges of cancer
Cancer Hope Network	cancerhopenetwork.org	free one-on-one emotional support to adult cancer patients and loved ones
Cancer Support Community	cancersupportcommunity.org	dedicated to ensuring all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community
Chemocare.com		current information re chemotherapy drugs: how they work, potential side effects, self care tips while on therapies
Sisters' Journey	sistersjourney@sbcglobal.net	primarily African-American support group comprised of breast cancer survivors and advocates dedicated to providing hope and encouragement to other survivors to help in the healing process. Based in New Haven, CT

Financial

Connecticut Cancer Foundation	(860)388-0788 or laura@CTcancerfoundation.org	provides economic assistance and compassionate financial aid to cancer patients and families in CT
Gardner's House	(860)206-7754	financial support bridging the gap between medical support system and needs of the person
HealthWell Foundation	healthwellfoundation.org	provides financial assistance to eligible individuals covering coinsurance, copayments, healthcare premiums, and deductibles for certain medications and therapies
PAN Foundation	panfoundation.org	helps underinsured patients obtain medication
The Pink Fund	thepinkfund.org	makes payments to patient's creditors for housing, transportation, utilities, and insurance

Nutrition

EatingWell	eatingwell.com	healthy eating tips and recipes
<u>The Cancer Fighting Kitchen</u>	Rebecca Katz w/ Matt Edelson, 2009	cookbook
<u>The Essential Cancer Treatment Nutrition Guide & Cookbook</u>	Jean LaMantia RD, 2012	cookbook
<u>Cooking For Chemo...and after!</u>	Chef Ryan Callahan	cookbook
<u>oncologynutrition.org</u>		diet and nutrition
<u>What to Eat During Cancer Treatment</u>	J. Besser, B. Grant, MS, RDN, CSO with the American Cancer Society	cookbook

Personal Care

Angie's Spa Cancer Foundation: Hartford Hospital	https://angiesspa.org/hospital-programs/	free therapeutic massages, acupuncture, reflexology, yoga, manicures and haircuts for inpatients
Milano Salon and Day Spa	(860)242-4401	free services for cancer patients undergoing active treatment for cancer
YMCA Livestrong	livestrong.com	free program assisting those living with, through, or beyond cancer regain strength and connect with other survivors

*This list is not exhaustive. The intent is to encourage users to research the wealth of available information.